

One-Pot Hash Brown Salmon with Shirazi Salad
Crispy golden salmon 'n taters with a mixed lemon-dressed salad

Shirazi Salad

3 Roma tomatoes, seeded, chopped

3 mini cucumbers, halved, chopped

1/2 small red onion, peeled, sliced, chopped

1 large fresh lemon, zest, 2 Tablespoons juice

2 Tablespoons olive oil

1 teaspoon cumin

1/8 to 1/4 teaspoon ground smoked red pepper

1/2 small bunch flat leaf parsley, coarse chopped

In a serving bowl, stir together tomatoes, cucumbers, and onions. Add lemon zest, juice, oil, cumin, and red pepper. Toss to combine. Stir in parsley.

Salmon Chunks

1/4 teaspoon saffron threads, ground

1 Tablespoon warm water

3 Tablespoon plain thick Greek-Style yogurt

2 Tablespoons fresh lemon juice

1 teaspoon sea salt

1-1/4 lbs. skinless, center-cut salmon fillets, cut into 1 to 1-1/2-inch cubes

6 Tablespoons olive oil

3 cups frozen diced hash brown potatoes or quartered baby potatoes Serve with parsley leaves; dollops of plain Greek-Styled yogurt

Marinate Salmon:

In a shallow bowl, grind saffron with the back of a wooden spoon; then add warm water; mix to combine. Add yogurt, lemon juice, and salt; mix well.

Add the salmon chunks, toss gently to coat in the marinade; set aside.

One-Pan Cooking Potatoes:

In a 12-inch nonstick skillet, combine the oil with frozen hash brown potatoes. Heat over medium high heat for 11 to 13 minutes or until desired color is reached. Stir every 2 to 3 minutes.

Cooking Salmon:

Lower the heat to medium, push to the sides creating a large space in the center. Add salmon cubes; cook until bottoms are browned and the bottom third of sides look opaque, about 3 minutes. Turn salmon over, cook until salmon is medium rare. Stir potatoes and salmon together, turning and cook for about 2 minutes. Garnish with parslev leaves.

To Serve: Place salad on the serving plate; top with salmon hash browns; drizzle any remaining salad juices over salmon; if desired, top with a dollop of plain Greek yogurt. Serves: 4

Cook's Note: If you don't want to use saffron, use your favorite spice, like Italian seasoning, dill, or chili spice as a substitute. It won't taste like saffron but will taste delicious.

Recipe Inspired by: Yasmin Fahr recipes for one-pan dinners

About the Recipe: Saffron, a bright red spice derived from crocus flowers, adds a floral flavor to the salmon, which can't be created using any other spice. Team the crispy potatoes and salmon with a popular Mid-Eastern salad favorite, a lemon- or lime-flavored cucumber, tomato, onion, and parsley salad.