



The Missouri Pacific Railroad

Sunflower Salad with Sunshine Dressing

Brighten up your day with crisp lettuce and juicy oranges

1/2 head small iceberg lettuce, thin sliced

1/2 cup sunflower seeds or as needed

Mandarin oranges, drained as needed

- Place shredded or thin sliced lettuce on serving dish.
- Arrange a mound of sunflower seeds in the center of the dish. (Your dish size will determine how many you need.)
- Arrange well drained orange sections around the sunflower seeds to resemble a sunflower. Garnish with some minced fresh parsley. Serve the dressing on the side.

Cook's Note: You can also use orange segments from fresh oranges in place of the Mandarin oranges.

Sunshine Dressing:

1 cup mayonnaise

1/4 cup chili sauce
1 hard boiled egg, chopped fine
1 Tablespoon minced parsley
1 Tablespoon minced green onions or chives
1/2 cup fine chopped green pepper
2 Tablespoons diced pimento
1 Tablespoon heavy cream (optional)

In a bowl, combine the first seven ingredients. If mixture is too thick, add the cream; mix well and serve cold.

Recipe Inspired by the Original Recipe: See: *Dining by Rail*, James D. Porterfield, New York, St. Martin's Griffin, 1993, – p. 236.

Cook's Note: The original recipe used English walnuts, added ¼ cup more of the chili sauce to the dressing, used heavy cream, and made the flower using the orange segments from fresh oranges.

About the Recipe: Get ready for the soon-to-come sunshine and bright flowers and serve a Sunflower Salad with your dinner. This recipe will brighten your taste buds with its crisp lettuce, juice oranges, and crunchy sunflower seeds. The bonus is the dressing, a blend of deviled egg flavors.

The Sunshine Special

In the early years of the 20th century, most Missouri Pacific and St. Louis, Iron Mountain and Southern passenger trains were designated by number only, with little emphasis on premier name trains. This changed in May 1915, with the inauguration of the Scenic Limited between St. Louis, Kansas City, and San Francisco.

A second premier train, the Sunshine Special began operating on December 5, 1915, between St. Louis and San Antonio via Little Rock and Austin. The *Sunshine Special* soon eclipsed the other trains in travel volume, becoming the signature train of the Missouri Pacific Railroad.

For More Information See:

https://en.wikipedia.org/wiki/Missouri_Pacific_Railroad#:~:text=On%20December%2022%2C%201982%2C%20the,form%20